

# ABOUT

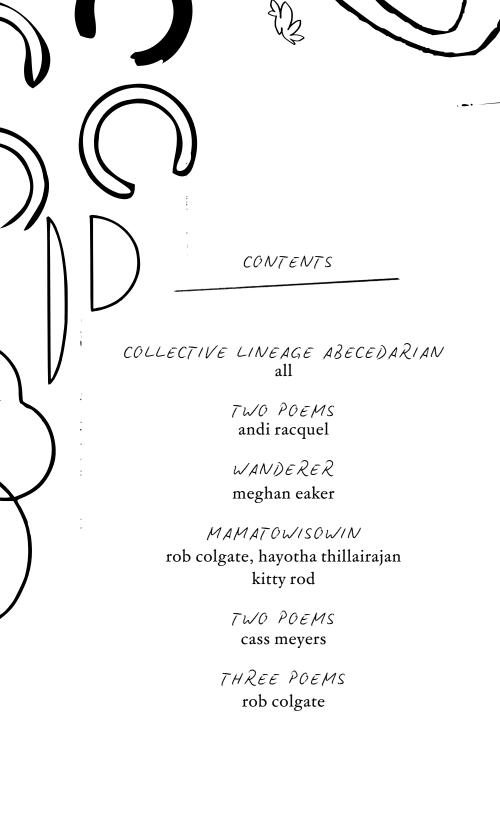
Dreaming Otherwise was a virtual six-week poetry and collaborative writing workshop for a cohort of twelve sick/disabled/Mad queer people.

Dreaming Otherwise was co-hosted by Whippersnapper Gallery and Tangled Art + Disability, with support from the Images Festival and Canada Council for the Arts.

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Jody Chan

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with THANKs to Marina Fathalla & Sean Lee



# THREE POEMS hayotha thillairajan

MAMATOWISOWIN elaine cagulada, namitha rathinappillai, meghan eaker

THREE POEMS elaine cagulada

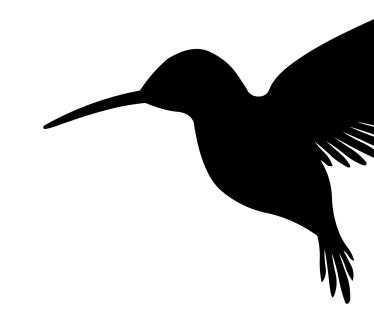
WHICH BODY OF WATER DO YOU BELONG TO?
namitha rathinappillai

TWO POEMS flora valeska woudstra

NEWHOME jasmine noseworthy persaud

MAMATOWISOWIN
aysha natsheh,
andi raquel, jasmine noseworthy persaud

ROT harmeet rehal





#### We invoke

Audre Lorde too, of course, through Hartman's words. We invoke June

Jordan: I will love deeply, Andi insists, in their poem "Resolution #5,789", I will not be afraid. And again, in shared song with Aysha and Jasmine, My body and its limitations / I want to be gentle with them all.

Again, yeah, Rob nods, and in three syllables unfolds a world of crip exhaustion. Knowing that we move with pain, with Cass' zoo of unknowable ache, but need not be alone inside of it. And though home is not always easy—as Namitha reminds us in the lines, I am still standing still / pretending that I am not petrified / by her home's welcome to me / and what it wanted from me—Elaine, Meghan, and Namitha affirm, We bring ourselves home to us.

We write together, letting our sick disabled queer voices intermingle and exist in multiplicity. again and / again i retrace myself until / i know my mind like a relative—Meghan, wandering. Hayotha adds, no more questions about me. No explanations or obligations. We can come to know ourselves and each other more gently. Become a palm, to rest in, as flora so beautifully lays before us.

In their essay, "To Hold the Grief & the Growth: On Crip Ecologies," Kay Ulanday Barrett writes, "Disabled people are less than in a world where disabled people, especially Black and brown people, are told to just be so grateful that normies/ableds let us live, let us even be on stage, let us be in the anthology or retreat, let us be included." Their knowing, our knowing: inclusion is not the same as intimacy. Let us live, let us be, is not the same as community.

Where do we belong? *in the cavities, the marrow*, answer Rob, Kitty, and Hayotha. Which is to say, beside each other, beside each other. Or, as Jasmine echoes, *I want my friends to find home*.

We dream of ease, of writing from bed and white flower oil. We make ritual out of gathering. We check in, chat react, crip tip, cameras off. *I dream of breaking loose*, offers Elaine, *of arriving at a place called freedom*. Yes, we dream of intimacy and community, care and resistance, softness and solidarity. By holding this work, in your hands, on your screen, you dream with us.

# Jody





POEMS

# collective lineage abecedarian



#### amsterdam

- & a little girl who fell in love with a little boy
- & Ambiyaan dancing on faded sheets in our home
- & Ancestral heartbreak
- & Brown girls with hairy upper lips
- & bustling feet walking quickly
- & Balikbayan breaths
- & Commitment meaning two different things
- & children darting in and out of traffic
- & centuries of freaks
- & Crockpots whistling louder and louder while you tell me everything isn't wilted in the fridge
- & Children who are

Deaf who are also disabled who were also called dumb but not dumb, dreading school and the distribution of invites

- & Delicately holding me in her arms
- & came from the body of a dancer
- & dried grains for sale at the market
- & Everyone got one
- & Electroencephalograms
- & enough is enough
- & everyone who's ever been called a monster
- & But mon friere

- & Fried anything made by my mother's hands
- & fuck it
- & God what i would do to gorge
- & Getting our birthdays wrong
- & A girl until I wasn't
- & Gagging
- & giving thanks
- & Their hateful insides
- & Hair that grows back just as thick no matter how many times you sprinkle it on the bathroom floor
- & How do you say trans in Arabic?
- & Held in the arms of my indonesian grandmother
- & hiding in plain sight is too hard so scream instead
- & I, I, I, like a prayer I have been trying to learn since my past life
- & Just kidding everything is fine
- & joy in the knowledge we've loved
- & jell-o with fruit inside
- & Kinship over seas and land
- & kitchen messes to clean up later
- & auntie laughter
- & Lysander on the highway eating ice cream
- & My mom, I miss when I knew her
- & metoo
- & No more questions about me
- & nobody repeating themselves



- & Open wounds of colonialism, sudden plane crash
- & often, I wonder, will I ever meet her again?
- & open door policies
- & psychosis being the obvious answer
- & questions in hushed tones
- & quite a miracle these lives in the web of deaths
- & quiet being the obvious absence
- & Remedies for chiron
- & rowing with the chest improperly hunched
- & reasons to laugh
- & a brother who would soon leave this solid, earthly plane
- & shit can you miss someone you never knew
- & Time has always been thin, unfinished, vast and wide
- & tubig tubig tubig
- & tell me
- & upset whispers
- & understanding
- & Underside of belly
- & Very polite greetings
- & violins play, may be one of the world's tiniest, since there was nothing to lose
- & violet crowned



- & Walking endlessly and finding you in the same suburban food court I lost him in
- & White flower oil in each of our rooms marking our intergenerational cripness and slowness
- & Weary, so weary
- & extravagant was the darkness we had
- & xoxo
- & young people who grew up too fast
- & you are my closest person
- & zones of familiarity because we've all done this before
- & there is no proper way to end what you've started

### ANDI RAQUEL

### resolution #5,789

I will speak my mind
I have learned that being a doormat gets you
nowhere
I will laugh loudly and fully
I will take up space
I have learned that making myself small
is an unremarkable skill
I will experience joy
I will cherish my moments of love and light
I have learned that staying in the darkness pulls you away
I will love deeply
I will not be afraid
I have learned that trying to be someone else is
unsuccessful and soul-sucking
I will be me

# my lineage

Appreciation & bustling feet walking quickly & children darting in and out of traffic & dried grains for sale at the market & extra juice fruit & family style lunches for days & giving thanks & home home & invitations to the neighbours & Jell-O with fruit inside & kitchen messes to clean up later & laughter for hours & mothers helping mothers helping mothers & nightly walks with loved ones & open door policies & presents with meaning & questions in hushed tones & remembering those who came before you & slathering yourself with scented lotions & the television on at all times & upset whispers & very polite greetings & warmth oozing from every corner & eXcess food, love, laughter to always appreciate & zones of familiarity because we've all done this before.

#### MEGHAN EAKER

### wanderer

i wander in my mind; learn from winding walks on twisted trails crisscrossed. again and

again i retrace myself until i know my mind like a relative familiar and always surprising

in some languages this is called distraction. in others it is called learning

my pace is perfect; not profitable

it would be peaceful yet the highway shouts at me:

my way or the highway!

and passers-by judge me with their headlights:

it's your choice!

just try harder!

do they know i (can) want to go somewhere the highway will not take me? a prison can look like a map if it disguises itself as helpful it will guide your desires it will lose you from yourself

and it will always be for your own good

in my wanderings i am aimless coated in bad-soaked names

in my wanderings i visit with the good of my own knowing

niya nîkihk I am home

# ROB COLGATE KITTY RODÉ HAYOTHA THILLAIRAJAN

# mamatowisowin

Essential,
as in innate,
as in necessary,
as in possession of some
alleged essence.
As in, you possessed me.
we belong in the cavities, the marrow.
cavity, as in an emptiness, as in a failure to
care for the self.
I salvage for the parts of me now dispossessed.
but I'll take solace in the sweets.
in the sours that crawl quietly up my bedposts while I nap
Bitter rest embrace me, unraveling
so I can live for the moments that save me from sorrow
that save me from always waiting for moments

# you just have a weak core

Gutted harp. Theremin with legs. An empty locket. Wind tunnel. Bendy straw. Abandoned moon gate. Born from gape. Gimlets for parents. Holepuncher's child. Porthole for hire. You crunch and a draft enters the room. You twist and the medicine ball falls down a well. You aren't even trying to be structurally sound. You have a toxic relationship with absence. People Pleasers are more likely to develop off putting green symptoms, trap doors and needle eyes. How are you even standing? Hung by the rafters. Have you considered dry wall puddy? What about planks, nailed from sternum to pelvis, brain stem to sacrum? Your hip flexors are overcompensating for the broken seal. You have to choose to be more than void. Mind over missing matter, manifest cork and you will be the opposite of vacancy. Birds will nest in you. It's not cute. To be an open book Without a spine.



# the body speaks in argyle, an abecedarian

Argyle talk, Blood flute, Cross-bitten, Dotted lines, Eye facing east, Far right corners, Goopy lids, Hips on a sideways glance, Intraskellular, Jugular in blue, Kiss neglected, Lick the elbow, Moon ridden, Not another blood test, October is a waiting room, Physician's note, Quivering canine, Referral purgatory, Slippers on the hardwood, Thigh crease-swollen, Undulating fluid, Vein song, Without cause, X-ray melody, Yarrow in the cheek, Zoo of unknowable ache

# ROB COLGATE

# apology

While waiting for you I read the many messages I sent

to myself last year. One of them said Finn, be brave which is funny

because I'm Rob. Yes, I'm Rob. I'm so sorry you had to find out this way.



### ROB COLGATE

# replacement

Maybe I do not want to be taken back.

The new boy has better answers than I do. I have more synapses that I can go without.

# ROB COLGATE

#### 2 am

Hey, are you busy? Yeah, it's about that. Again, yeah. Yeah.



# HAYOTHA THILLAIRAJAN

# apple tornado

there is warmth in the eye of the tornado

Calm

this core is that of an apple's

bitter and pure

But There are seeds here I am trying to, need to
protect

Indigestible and essential

This thundering swirl of sweet flesh
is merely body for soul

This poem cannot decide between the metaphor of a tornado or an apple

> Eve bites the forbidden fruit and thank god you do too

> > Did you know it can be safe here,



THE THURSTANG SE

in the loving middle? With me?

I guess only sometimes, I must admit.

But could you run with me anyways?
Stuffing faces
with as much as we can bare?
I promise to warn you, how some seeds
may sprout in stomachs, but im not really sure,
I do not know anything.
I won't ask for forever, don't worry,
that fate is only mine

But just for now

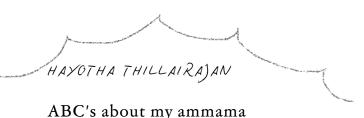
Could you indulge me?

I promise

I will try to help you
escape these treacherous
conditions, feed you more than you
can fathom,
Try not to force.

You reply but I am a force of nature As if to deny Aren't we all?





a little girl who fell in love with a little boy & borrowed time & calling out for help in a world who assumes madness is wrong & delicately holding me in her arms & enough is enough & find a way please god find a way & God is not here & hiding in plain sight is too hard so scream instead & I am my mothers mother more than I am my mother & jealous of you and your family and your love, you have so much, much more & kill me now & live, you must live & music is shared love, I forget when my amma stopped singing & no more questions about me & often, I wonder, will I ever meet her again? & pussy power & questioning if she'd find that funny & reasons to laugh & shit, can you miss someone you never knew & tell me & understanding & violins play, may be one of the world's tiniest, since there was nothing to lose anyways & where are you now & xoxo & you are and were my closest person & zany, aren't you? zap zap zap (but the insane can not go away without going away)

# why did the chicken cross the road?

#### the chicken pauses at the

highway overpass. there are complex machines, big trucks, civil cars, little scooters, firing past, all of them sparring with earth as if a race in the heavens. God-like. The chicken waits. For a silence, a break, the lack of traffic and of life, waiting for its own to be the only one. Time passes and the chicken slowly realizes there is no time for it. That it must choose a now at some moment, or it will be never. The chicken imagines dying of old age at the side of a road.

The chicken imagines being hunted as if simple prey, food, no corpse left, perhaps traces of blood, not licked up. It wishes, if this was its fate, that the predator, those hunting, would appreciate it enough to lick it all up. It knows this is wishful thinking, delusional even. The chicken cries. Then stops crying. Then cries again. Occasionally, the chicken wails, drowned out by the honking and the sirens

and the chatter and the latest hit single by a flashy human, who will never have to cross this very road. The chicken prays to its God, for the first time in a long time, prays as if it really means it this time. The chicken curses God. Renounces its name. The chicken prays that the drivers will die a gruesome death, for never noticing it's poor little body begging for poor little attention. The chicken believes the world is evil. The chicken extrapolates that God is evil too. The chicken loses belief in all things strange. The chicken accepts that it is simply a chicken trying to the cross the road and may never. The chicken hardens. Gut and gullot. The chicken trains for its first and last attempt. There will only be one. To live or to die. To live or to die. To live or to die trying. The chicken's stomach growls, and it craves the feed from back home. The chicken wonders if it should've escaped, maybe life back then was the best it will ever get for a chicken. The chicken remembers dissonance. Apathy. The chicken wonders of nothing in particular. Nothing may be better than this. Suicide crosses. The chicken stands as a chicken, present for the very first time since it's encountered the road. The chicken watches the passerbyers, the car stickers depicting how many little people are part of the big family, represented by silly little figures, the license plates hailing local flowers and fruits and sometimes, beautiful sentences. The engine sounds, the fuel burns, the motor revs, sometimes intentionally from the fast, the beat up, the luxury, the passed down for generations. The occasional blasting of music from open windows, closed windows, smoking windows. The girl who sticks her head out of a sunroof, hands up, on drugs, believing she is tasting air for the very first time. She has tasted air before. The chicken understands none of it. But occasionally, there is this feeling, that it can relate, a semblance of something resembling joy or sorrow or both. The chicken looks to the moon and warms. The chicken shivers,



as the sun succumbs to cold. The chicken knows that animals hunt at night. The chicken hears their howl but does not scare. The chicken is scared it does not scare anymore. The chicken notices the onset of apathy and hurries, worries. The chicken realizes it does not want to die more than most. The chicken is glad. Glad it is at the road, glad it is too far from home, glad it is here it will likely live or die. For a brief moment. The chicken cries again, for something in particular, it no longer knows what. Perhaps it's mother, or something like, but probably not. The chicken lays, praying in gratitude of its little chicken life, no matter the matter. The chicken takes back its last sentiment. The chicken bargains with God, promising to pray. Is that what God wants? If God is real? Or is it to never be questioned? The chicken gets down on it's knees, telling God it is lesser than. The chicken falls to the ground limply, frustrated that God does not respond, will not respond, refuses to respond. That God has left it alone. The chicken believes it must have sinned. The chicken prays for forgiveness. No response. The chicken repents. No response. The chicken curses in Gods name. No response. The chicken curses God. No response. The chicken vows to live its life in God's image if God gives it a sign. No sign. No response. The chicken quiets. No response. The chicken screams. No response. The chicken laments, pities itself the way a black hole may. No response. The chicken gives up. No response. The vehicles whir by, blurring. It is all blurry now. God, the moon, cars, chicken, stars, chicken nuggets, grass, fresh green cool, colours, cock a doodle doos. The chicken yowls as if everything is normal. The chicken breathes as if it is normal. Still, no response.

With no end in sight, no answer assured, the chicken rares to run, and unpauses at the most perfect moment. Whatever may happen to the chicken, the chicken believes it is all too perfect. Or imperfect. And so, the chicken crosses.



# ELAINE CAGULADA NAMITHA RATHINAPPILLAI MEGHAN EAKER

### mamatowisowin

Beneath the grey
I feel colours that have not been named yet
In my marrow i carry myself, hidden
Crouching while a world weaves us together
I know deeply that we are meant to walk alongside one another
We bring ourselves home to us
In our palms, unfolding in shades of smoke and earth
What can we hold on to if not each other's hands?
This savage love better than anything proper
Nothing neater than the chaos of fusion, mamatowisowin



#### ELAINE CAGULADA

### three poems

### (1)

On land swimming in sea A tree said to be older than life itself Mocks us, her roots stitched in time

On prairies dancing with sun Nature seen wearing a cloak of Bright pine cottoning sky

At night an ether pulls shut its mint curtain

# (2)

I dream of breaking loose Warmth whispering, "I love you" Arriving at a place called freedom

(3)

the way you part your lips let your insides out

you swim
past sense
let the
outside in

your words leave me grasping for mine

beautiful you're beautiful



# grief ritual for the waiting room

lay yourself down. heartbeat louder than whoever's clock. back to floor, all the waiting hours, the dead, transparent hours, perching around you. palms up, thumb and middle finger snap the sound of stretched, gone seconds. thumb and middle finger powdered glass. match

in the hospital's waiting room, lay yourself down. heart to sky, piercing the ceiling. in the thin sticks. the other hand, up and open, red phosphorus. lines of electric waiting

phone call after phone call after phone call, lay yourself down.

the other hand, open and up, red phosphorus.

now flame.

then, your breath timeless. no new answer, or medicine, or thing solved, but the weight, the weight is lifted in the flame. the flame held in the palm of your ancestors, as they scoop the heft from your bones. as they set time afire. no solving, now. a palm, to rest in.



# flora valeska woudstra

# eating time

night dreams their turning into tricksters, survivors - the ones that didn't survive, the one that learning to be in dialogue with both, the ones that steal, impose their ways, force new upon didn't want to live any longer, in me. the ones dreaming towards new languages, and how oppressors and oppressed ones. in close relating. in one nervous system. grief's laughter. old tongues, trying to erase them - in me. the ones being stolen from, in me. i witness in my body comes from indonesian, dutch, jewish ancestors, faraway german ones. both

practise so through this body and endless strands sewn into this spine, brain, and its new set they passed on food as a language. i dream of eating time. i dream of holding polarities, and of wishes, boundaries, no's. dream of the ability to remember trust, and sharing it.



# HARMEET REHAL

rot



#### NAMITHA RATHINAPPILLAI

# which body of water do you belong to?

after jod/chan

The half empty glass / The half full glass, on a good day / the cat's water bowl / 70% of my earthly container / my mother's tears when I pack up the U-Haul to live four hours away / my mother's tears, often, because she is a Libra / the dripping turned pooling before my teenage hands / fixed the kitchen faucet before her shift ended / with nothing more than a YouTube tutorial and spite / that my fingers were as calloused as a present father's / or / the first time I stepped into the Indian Ocean and the current's grip pulled me under like a swift burial / and my cousin grabbed me / fistful by the hair / and I / kicking and screaming / heard him tell my mother / "clothes can be ripped off your body / but hair is a mooring that will always bring you back" / and seeing my shaking and small body / wet feet innocuously digging into grainy sand / I wade with her in the shallow / and I realize I have never seen her closer to the ocean than its shore / and she / without a sound / begins to contribute to the saltwater brine we bathe in / and I am still standing still / pretending that I am not petrified / by her home's welcome to me / and what it wanted from me.



## JASMINE NOSEWORTHY PERSAUD

#### new home

In my new home, I've been sitting in front of the window on the mudroom couch

In the morning,
I let my eyes relax,
trace the criss-cross of string lights
through the window

and follow the passing streetcar as it worms itself across the city.

Through this window, I soak in sunlight and bird sound and the steps of passersby who admire it all too.

In the evening, when we sit down on the couch together

my friends confide in me about the hard-to-tell things, the "maybe I'll try to say it out loud if that's ok with you?" kind of things

The things that don't belong to us, but we carry anyway.

The things we hold hands for.

On this couch, our eyes grow blurry eyes that don't want to see or know but have and do.

And we continue to hold each other anyway.

After dark, the string lights are bright and radial through the window

Outstretching beacons that signal where my new home is.

One by one, my friends find themselves on this couch in front of the window, reciting and releasing

And I do too.

In the morning,
we sit down again
soak in sunlight and bird sound.
I hug my friends.
Squeeze hands.
Wave goodbye through the window.



And they make their way through the city, back home.

Have they made it back yet? Have they found their way?

I want my friends to find home.



# ANDI RAQUEL AYSHA NATSEH JASMINE NOSEWORTHY PERSAUD

#### mamatowisowin

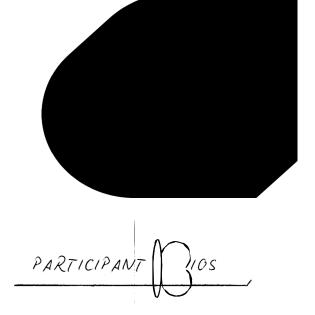
My heart is full, my arms are empty
My body and its limitations
I want to be gentle with them all
I want to find deep nourishment
My one sweet life
I want to blossom within it, beyond it
And turn it inside out
I cut my hair, I want to experience it all fully
I wonder if you'll recognize me
And I'm not sure if I'll recognize you
I'm not sure if it matters
All I know is change, the eclipse
Like movement and life, dancing together





DREAMING

OTHERWISE



### ANDI RACQUEL

is an art lover, writer, producer and performer. In their free time, they enjoy supporting fellow 2SQTBIPOC artists by attending community events. For fun, they love creating interesting experimental music with their pals, along with having epic karaoke showdowns.

CASSANDRA MYERS (MY'Z)

is a queer, trans, multi-disabled, South-Asian-Italian, counsellor and poet from Tkaronto, Ontario. Follow their National Magazine GOLD Award winning poetry

**⊘Cass.Mrers.P⊙e**trr



#### ELAINE CAGULADA

is a writer, teacher, and lover a good kettle-cooked chip.

#### HARMEET REHAL

is a fat, trans, disabled, Sikh-Panjabi artist, organizer, and student living in Tkaronto. Outside of their research and slow arts practice, Harmeet has been quietly and very privately writing for years. As they process their grief and brain fuzz differently in recent times, they are exploring the possibilities of a more relational writing practice, and stumbling into how to write where they usually exist outside of language.

HAYOTHA THILLAIRA)AN

AYSHA NATSHEH



# JASMINE NOSEWORTHY PERSAUD

(THEY | THEM)

is a nonbinary, mad and multiply disabled, digital media artist of Guyanese and English descent living in Treaty 13 territory. They are interested in where community arts meets community health. During the pandemic, this work has grown to revolve around explorations of love-grief as praxis, on a multi-sensory scale, and through the celebration of diverse bodyminds.

KITTY RODÉ

is a queer, agender South Asian artist in Tkaronto who loves storytelling, RPGs and community building. They're also a cat parent, baked goods enthusiast and a lifelong student of anti-oppression work, creating safer spaces & designing the revolution.

#### MEGHAN EAKER

(THEY / THEM)

is a queer, non-binary, mixed nehiyaw & white amiskwaciywaskahikan based poet, Registered Nurse, and member of the Woodland Cree First Nation. They are a PhD student in Indigenous Studies at the University of Alberta studying nehiyaw storytelling as a creative practice towards miyo pimatisiwin (a good life).

# FLORA VALESKA WOUDSTRA

is an artist and writer based in the netherlands. three and a half years ago she acquired a brain injury and has, since then, been learning to listen to and work with her body's language of symptoms. she is interested in the reciprocal influence between body and text, drawings, and spaces, and considers the body as an archive, carrying the experiences and histories that move through it. flora's visual and literary work have appeared at DAILY PRACTICE, TERRAS, AWATER, STICHTING PERDU, THE KRÖLLER-MÜLLER MUSEUM, POPLTY INTERNATIONAL and in THE BENDIGO ART GALLERY.

#### NAMITHA RATHINAPPILLAI (SHE I THEY)

is a fat, queer, disabled, Tamil-Canadian artist, organizer, and workshop facilitator. Namitha is also an award-winning spoken word poet, performing locally and internationally. She enjoys petting their cats Halloumi and Paneer, writing letters to friends, and looking at the moon.

ROB COLGATE
(HE | SHE | THEY)

holds an MFA in poetry from the New Writers Project at UT AUSTIN. He serves as assistant poetry editor at FOGLIFTER JOURNAL and as poet-in-residence at TANGLEI ART + DISABILITY. Currently, he is a Fulbright scholar in poetry at TORONTO METROPOLITAN UNIVERSITY's School of Disability Studies.

